



Women's Resource Center Update

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WRC Announces 2009 Summit Impact Grant Recipients

The Central Florida Women's Resource Center is pleased to announce the following recipients of the 2009 Summit Impact Grant. These grants, totaling over \$47,000 are made to fund programs designed to support education, prevention and issues related to sexual assault. The grant winners are:

BETA Center: To introduce a new expressive arts component into on-site Therapeutic Treatment Groups. Weekly counseling group sessions help BETA teenage moms deal with issues relating to domestic violence, including sexual assault/coercion, self-esteem, and conflict resolution.

Coalition for the Homeless/Women's Residential & Counseling Center: To help provide crisis counseling, case management, advocacy and other victims support services at WRCC. Funding will help the Coalition serve homeless victims of sexual assault.

Court Watch: To provide salary for part-time Program Assistant position for the court monitoring program. Funding will augment a grant from the Liz Claiborne Foundation.

Golden Triangle YMCA: To fund a 16-week martial arts program for 50-100 young and mature women. The program will demonstrate and educate different measures to protect women from sexual assault.

Haven of Lake and Sumter Counties: To broaden the reach of Haven's sexual assault education and prevention activities. Expenses include office expenses, rape response kits, clothing and toiletries for rape calls, staff on-call expenses and mileage, and telephone expenses for the 24 hour hotline.

Harbor House of Central Florida: To provide funding for "Love Is Not Abuse", an Orange County high school program which builds young people's awareness of how to make healthy choices in relationships and what to do if they are in abusive ones.

Kids House of Seminole: To fund psychotherapeutic and support services for sexually abused adolescent females, and their adult mothers and female caregivers. Treatment includes very specific education and prevention efforts of any further trauma or re-victimization due to sexual abuse.

Lutheran Counseling Services: To continue funding "Women Empowered: Discovering & Claiming Strengths", a program that provides education and therapeutic intervention to women in disempowered relationships or affected by sexual violation.

Orlando Health Foundation-Healing Tree: To purchase educational supplies and tools to aid in Healing Tree's sexual trauma therapy services, providing specialized psychotherapy for child victim of sexual abuse..

PACE Center for Girls: To provide individual and group sessions to teenage girls and young women regarding sexual assault, interpersonal violence and physical dating violence.

Safehouse of Seminole: To fund a Teen Dating Violence Prevention Curriculum and to replenish the "Comfort Fund" which provides coffee, tea, bottled water, tissues and comfort snacks for weekly groups.

Victim Service Center/SATC: To purchase supplies for a Sexual Assault Nurse Examiner. Items will provide comfort to rape victims and secure correct collection of forensic evidence.

“It is well to give when asked; it is better to give unasked through understanding.” Kahil Gibran



President's Notes:

By Julia Hartwell, President of Women's Resource Center Board; Regional Manager, Florida Hospital

It is a great pleasure to announce our 2009 Summit Impact Grant recipients. WRC has awarded \$47,200 to 12 organizations. These projects will make a positive impact on our community. I want to thank Deborah Hessler, Philanthropy Chair, and the entire committee for their work and time. The Summit Impact Grant recipients will be presented at the *Silver Summit Awards*.

Your board is working hard to present an inspiring and unforgettable Summit Awards. Join us to personally meet and congratulate the winners: Mena Bonnewitz, Martha Haynie, Harriet Lake, Linda Sutherland and Annetta Wilson. In addition, Becky Cherney will be presented with the Founders Award for leading the efforts that started the Women's Resource Center in 1984. We hope that every WRC member will support the event by not only attending the awards, but also choosing to be a sponsor, purchasing a table or providing an auction item.

This year's Clothesline Project will be displayed on Saturday, October 24th, at The Dick Batchelor Run for Children in Lake Eola Park. WRC invites you to run, walk, or volunteer for the Clothesline Project/ and or Run.

The Central Florida Women's Resource Center continues "working together to make a difference" in this community. Visit our website at www.wrc-online.org to see what else is happening.



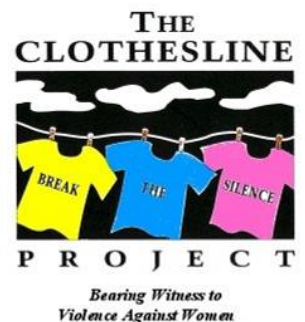
Clothesline Project, Saturday October 24th

The Clothesline Project will be held on Saturday, October 24th, at The Dick Batchelor Run for Children in Lake Eola Park. WRC is a major sponsor of the Clothesline Project, providing t-shirts for healing art therapy and other supplies as well as helping with setup and staffing of the display. Other supporting agencies include the Healing Tree, Harbor House and Women's Residential Counseling Center (WRCC).

This year, over 300 T-shirts will be displayed on clotheslines at Lake Eola. Each shirt gives silent testimony to a woman who has been a victim of domestic violence. The collaboration continues to raise awareness about the severity of domestic violence, and offers a time of healing to victims and their families.

Here's how you can help:

1. Register to run or walk the 3.1 mile course which starts at Lake Eola (Register at www.trackshack.com & email us that you've joined the WRC team (at cflwrc@bellsouth.net).
2. Volunteer to help set up and staff the "Clothesline Project" (Please call the WRC office to get additional details about where and when to report on Saturday morning.)



at the
Dick Batchelor
Run for Children
Saturday,
October 24, 2009
8:00 AM - 10:00 AM

The WRC Board of Directors invites you to honor the
25th Silver Summit Award Winners:

Mena Bonnewitz • Martha Haynie
Harriett Lake • Linda Sutherland
Annetta Wilson
Becky Cherney, Founder's Award

Save the date
Tuesday, October 6, 2009
CENTRAL FLORIDA WOMEN'S
RESOURCE CENTER
Silver Summit Awards
25 YEARS OF LEGACY
5:30pm Reception & Silent Auction
6:30pm Dinner & Recognition
THE ROSEN HOTEL
9840 International Drive • Orlando

Thank you sponsors!



"Be the change you wish to see." Gandhi

WRC Holds Stimulating "Salon" Membership Meeting

Almost 50 people streamed into WRC Board Member Jill Hamilton's house the evening of May 8th to take part in a **Social Consciousness Salon** on domestic violence.

Wikipedia defines a **salon** as a gathering of stimulating people under the roof of an inspiring hostess or host, partly to amuse one another and partly to refine their taste and increase their knowledge through conversation and readings. The Social Consciousness Salon was originated by Becky Nickol, a local mental health counselor.

The "pot luck" affair offered an abundance and variety of appetizers, desserts, main and side dishes, thanks to just about everyone bringing a dish. The women and men ate and chatted until the event began.

The program featured 3 distinguished panelists who are working to make Central Florida safer for all of us. Each of them gave short presentations about what they and/or their organization was doing about treating and preventing domestic violence. The panelist and their emphasis were:

- Carol Wick, CEO of Harbor House, spoke about the hard statistics of domestic violence and touched us with specific examples.
- Laura Williams, Board Chair, DV Survivor & Executive Director of CourtWatch, spoke about how her organization is changing judges' behaviors in dealing with women in their courtrooms who are seeking protection and justice in domestic violence cases.
- Bob Smedley, Sr. Community Corrections Officer - Orange County Probation and Domestic Violence Team, spoke about the trends in our community regarding domestic violence.

Discussion followed on why domestic violence happens, what reactions can be expected, and what we can do about it. Domestic violence is the leading cause of injury to women between the ages of 15 to 44 in the United States - more than car accidents, muggings and rapes combined. Our hard economic times are contributing to the upsurge in domestic violence cases, and we need to be more aware.

Thank you Jill for hosting an educational and enjoyable event.



Over 50 people listened to the panelists.



Carol Wick, CEO of Harbor House, gave statistics about domestic violence



The Panelists answer questions: (left to right): Bob Smedley, Sr. – Orange County Probation and Domestic Violence Team, Carol Wick – CEO Harbor House, Laura Williams – Exec Director of Court Watch

“To cultivate kindness is a valuable part of the business of life.” Samuel Adams

WRC Summer Membership Event – Eden Spa

On July 29th, WRC had a wonderful membership event at Florida Hospital’s Eden Spa. This spa is a one of a kind experience in Central Florida, because it caters to Cancer patients. One of the reasons this marvelous spa is available to the people of Central Florida is because of the generosity of long time WRC member Harriett Lake. This event brought to the forefront the WRC’s mission of recognizing the power of women; celebrating women’s achievements; connecting with other women’s organizations; and identifying, impacting and supporting women’s social, educational, health, political, economic, spiritual and artistic issues.

It was a perfect location for “old” WRC members to visit with “new” WRC members while enjoying great food and the chance to win a grand spa package, a Dooney and Bourke Bag, or shop the silent auction for treasures! The attendees were treated with an array of food by generous donors including chocolate covered fruit from Alesha’s Apples, Tolla’s Deli and Italian Café provided bruschette, and mini cannolis, Florida Hospital provided an array of Mexican finger foods and fresh baked cookies. Sandy Rendek, a WRC Board of Directors member, made a buffet of fresh vegetables, cheeses and sandwiches! The Florida Hospital Foundation contributed their catering services and beverages!

As the guests were mixing and mingling, they were also taking time to go on tours of the Spa! Kate Kinsley, immediate past president of WRC, welcomed everyone and spoke about the direction WRC is heading: as a wonderful organization with the help of each member. WRC gained several new members and everyone had a wonderful time. This event was brought together by WRC board member Eva Krzewinski, the whiz of networking and event planning! Thank you to our membership committee for their hard work.



"How wonderful is it that no one need wait a single moment before starting to improve the world." Anne Frank

Sultana Ali Recognized as an "Emerging Leader" at eWomenNetwork International Conference



WRC Board Member, Sultana Ali, Account Executive, Business Development for Massey Communications, was recently recognized as a finalist for the "Emerging Leader" award at the 9th Annual eWomenNetwork International Conference and Business Expo in Dallas, Texas.

Held August 5 – 9 at the Hilton Anatole Dallas, the eWomenNetwork International Conference and Business Expo is considered one of the largest businesswomen-only networking and educational conferences held annually. This year, more than 3,000 women from around the world were in attendance; approximately 30 of those were from Central Florida.

Chosen as one of only 12 international finalists from hundreds of entries, Ali was selected to represent her community at the eWomenNetwork International Femtor Awards Gala on August 6, 2009. In addition, she was selected as a top 10 finalist for the talent competition, during which she sang Angel by Sarah McLachlan.

Ali's international recognition came as a result of other businesswomen in Orlando nominating her for the "Emerging Leader" award for her outstanding leadership abilities, accomplishments and commitment to serving others. As a result, she won an all-expense paid trip to attend the conference, a one-year membership to eWomenNetwork, and on-stage recognition in front of more than 3,000 international women business owners and professionals.

"We are very proud to have Sultana recognized as an Emerging Leader from Central Florida. She is an inspiration to women of all ages and we are excited about having her involved as a member of the Orlando chapter," said Wendy Kurtz, Managing Director for eWomenNetwork Orlando and President of Elizabeth Charles & Associates, LLC.

"I am so appreciative of the opportunity to meet such incredible, successful and caring women," said Ali. "While the contacts, resources and sessions were truly incredible, the greatest thing I gained was the friendship of my fellow Emerging Leaders. The 11 other finalists were some of the most passionate, accomplished and amazing young women I have ever met, and I look forward to being a part of building this upcoming network of leaders." Congratulations Sultana!



Massey Communications Blog Promises to be a Source for Communications and PR/Marketing Advice

Massey Communications, a full-service advertising and public relations agency located in Orlando, recently launched their official company blog at <http://blog.masseycommunications.com>. With input from a team of experienced PR and advertising professionals, the blog promises to be source of commentary on communications related to current news as well as a resource of tips and advice on dealing with the marketing and PR issues that affect companies and professionals. Massey Communications is encouraging clients, colleagues and professionals from all corners of the country to visit the blog on a regular basis or subscribe to the RSS feed to review new posts and comment on blog posts of interest. To provide suggestions for topics, ask questions or to inquire about the PR/advertising/marketing services that Massey Communications can provide for you and your company, please email info@masseycommunications.com.

REQUEST FOR SPONSORSHIP

To: Central Florida Business Leader

The Central Florida Women's Resource Center (WRC) is a non-profit organization supporting the community by celebrating women's achievements, connecting with other women's organizations and supporting women's social, educational, health, political, economic, spiritual and artistic issues. WRC is celebrating its **25th annual Silver Summit Awards** to honor five outstanding women who have given over 25 years of community service. And we need your sponsorship commitment to make this year's Summit another sensational event.

The Silver Summit Awards will be an inspirational tribute to honor: **Mena Bonnewitz, Martha O. Haynie, Harriett Lake, Linda Hanlon Sutherland and Annetta Wilson.** In addition, **Becky Cherney**, founder of the Central Florida Women's Resource Center will be honored with the **Founder's Award** for leading the efforts that created the Women's Resource Center in 1984. These women are community role models, visibly supportive of women's issues, have achieved meritorious goals, and have performed countless hours of community service over the last 25 plus years.

WRC already has sponsorship commitments from the following organizations and is requesting your support. Various sponsorship levels are available to suit any budget (refer to the next sheet for details).



The Summit Awards has become a prestigious event - one of the largest of its kind in Central Florida that attracts over 300 of the community's 'movers and shakers'. This year's Silver Summit Awards will take place Tuesday, October 6, 2009 at the Rosen Centre Hotel, 9840 International Drive beginning at 5:30 pm with a cocktail reception and silent auction. Dinner and program to follow at 6:30 pm.

Proceeds from this event, which includes your sponsorship, are used throughout the year to support programs and events like the Clothesline Project, P.A.C.E. School for Girls, BETA Center, Orange County Healthy Start Coalition, Harbor House and more. Now's your chance to become part of our recognized corporate partners as we celebrate the amazing accomplishments of these women.

Thank you in advance for your consideration to be a sponsor for this outstanding event. We will contact you within the next few weeks to discuss this opportunity further. Your support and commitment will help make our 25th Annual Silver Summit Awards a huge success.

Sincerely,

Chair, Summit Sponsorship Committee

Central Florida
Women's
Resource Center



*Working together
to make a difference*

P.O. Box 568905
Orlando, FL 32856

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e-mail:
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website:
www.wrc-online.org

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Christina Rodriguez

Dawn Steward

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The Central Florida Women's Resource Center
25th Annual Silver Summit Awards - "25 years of Legacy"

SPONSORSHIP COMMITMENT

- Platinum Sponsor – \$10,000
(Includes: Full page ad in Program, 2 VIP tables of 8 with preferred seating, Logo on event website with link to your website, Company name added to Summit Impact Grant, Invitation to Summit Winner's Reception - 4 tickets, Complimentary corporate membership for one year in the Women's Resource Center.)
- Gold Sponsor – \$5,000
(Includes: Half page ad in Program, 2 VIP tables of 8 with preferred seating, Logo on event website with link to your website, Invitation to Summit Winner's Reception - 2 tickets, Complimentary corporate membership for one year in the Women's Resource Center.)
- Silver Sponsor – \$1,500
(Includes: One third page ad in Program, 1 VIP table of 8 with preferred seating, Logo on event website with link to your website, Invitation to Summit Winner's Reception - 1 ticket, Complimentary corporate membership for one year in the Women's Resource Center.)
- Corporate Table for me – \$1,000
(Includes: seating for eight and recognition in the printed program.)
- Reserve ___ individual tickets at \$75 for members, \$100 for non-members.
- I regret that I cannot attend, here is a donation in the amount of \$_____.
- Business Card Ad & one individual ticket \$ 125 (Members Only). **Send your camera-ready artwork or business card, along with your check payable to the Central Florida Women's Resource Center to the WRC, address listed below. (Tickets and advertisements are non-refundable)**

**TO BE INCLUDED IN THE PRINTED PROGRAM, ALL RESERVATIONS & ADS MUST BE RECEIVED BY
September 21, 2009.**

Company Name _____
Address _____
City _____ State _____ Zip _____
Contact Person _____ E-mail Address _____
Corporate Phone _____ Fax _____
Type of Payment _____ (Cash-Amount) _____ (Check-Amount) _____ (Charge Card-Amount) _____
Card Number _____ (MC / VISA—circle one) Expiration Date _____
Card Holder Name (Print): _____ Card Holder Signature _____
Billing Address: _____

Please make checks payable to: Central Florida Women's Resource Center (WRC)
Mail to: WRC --- P.O. Box 568905, Orlando, Florida 32856-8905

For additional information:
Phone: 407 426-7960 Fax: 407 426-9261 E-mail: cflwrc@bellsouth.net www.wrc-online.org
(WRC is a 501(c)(3) non-profit organization.)

Ad Specifications for 2009 Summit Program

Full page: 6 1/2" wide x 5 7/8" high
1/2 page: 3 1/4" wide x 5 7/8" high
1/3 page: 2 1/8" wide x 5 7/8" high
Biz Card Ads: Please provide WRC with a printed business card

Please provide all ads (except business card ads) in pdf format and email to nicole@metropolisadvertising.com

Ads are **DUE** no later than Monday, **September 21, 2009** at 5:00pm.

If you have any questions regarding the ads for the Summit Program book please feel free to contact:

Nicole Ostertag
WRC Summit Co-Chair
407-492-7479
nicole@metropolisadvertising.com

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to make a difference*

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59-2392616